

<u>Airman & Family Readiness</u> <u>Program Newsletter</u>



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Kimberly VanNortwick

110th Attack Wing Key Volunteer Mentor kimberly.m.vannortwick.vol@mail.mil Office: (269) 969-2200 The Airman & Family Readiness Office newsletter contains a lot of helpful information. Please follow our new Facebook page for the posting of other informational items and opportunities. It is also an easy way for you to ask those quick questions. Be sure to share these tools with your fellow Airmen and your families.

**See the attached flyer for Operation Home Front Toy pick up Sunday Dec 4th!

There is an attached flyer with the upcoming Holiday Drop and Shop events around the state. The Battle Creek event is now being held here in the Dining Facility. Please use the same flyer to RSVP by December 9. We hope to see you there!

Have a great weekend!

Gean Wixson



http://www.facebook.com/110atkw.afrc

Find the newsletter via the eJSJ and on the SharePoint:

https://eissp.ang.af.mil/org/110AW/MSG/FSS/110%20Wing%20Airmen% 20and%20Family%20Readiness/ Pages/default.aspx



Looking to volunteer on-base or in your local area? Contact Kimberly VanNortwick, your Key Volunteer Mentor, for opportunities that can range from an hour to year-round!

Upcoming Volunteer Needs: FEB Yellow Ribbon Event

All Drill Weekends

Current Open Positions: Unit Drill Key Volunteer (approximately 1 hour)

Key callers (reaching out to deployed families) Event support functions

MWR/Webinars/Training

Military Families Learning Network Webinars

eXtension is offering free webinars for military families. Topics range from personal finance to family development. Please visit the URL below for more information:

http://articles.extension.org/pages/62581/military-families-learning-network-webinars

Military Family Lifestyle Education webinars for 110ATKW members and families are held every month. Topics include MWR, youth, preparedness, hobbies, and more. For a list of topics and to sign up, contact the Airman & Family Readiness Office

Volunteer Training Webinars:

Volunteer webinars and on-site training opportunities are held on a regular basis. Contact 269-969-3493 to sign up for the next class.



Battle Creek MWR http://www.mwrbattlecreek.com/

Reduced-price tickets, vacation packages, item rentals, and more.



VetTix.org

Free and reduced-cost tickets for veterans.

Concerts, sporting events, musicals, and more.

Resources

Latest Resource Highlights:

United Through Reading now available for appointments in the A&FRC: http://www.unitedthroughreading.org/



Do1Thing - http://do1thing.com

Every month, Do1Thing.com features one tip to help you prepare for an emergency.

Goal for December: First Aid

- 911: Know what to do while waiting for an ambulance to arrive.
 - 1. Stay on the line with 911 and follow emergency instructions.
 - 2. Stay calm and try to keep the patient calm.
 - 3. Don't move a patient who was injured in an automobile accident or fall, or who was found unconscious.
 - 4. If the patient is cold, cover them with a blanket.
 - 5. Don't give an injured person anything to eat or drink (unless instructed by the 911 dispatcher).
 - 6. Have someone watch for the ambulance and show the crew how to get to the patient.
- Make or buy first aid kits for your home and car.
- Take classes to learn emergency skills. Contact your local fire department or Red Cross chapter to find courses available in your area.



1-800-RED-CROSS



Updates

Veterans Affairs Updates and Events:

Post 9/11 Transition VA Specialist Micheal Hornev has started a new outreach program. He will be near the ID Card office on the 2nd Wednesday of every month for direct outreach from the VA. He is also at the Fort Custer Education Center (FCEC) the 2nd Thursday of each month. Stop in and see him if you have VA questions.

If you would like to add your personal, non-government e-mail to our distribution list to receive information from the Airman & Family Readiness Office, please make sure you have an updated Statement of Understanding on file with us.

Organizers of the Road Hawg Classic has shirts from this year's Reaper Run on sale for \$15. The sale from the T-shirts are donated to the Airman & Family Readiness Office. Please contact (269) 969-3493

Events at your A&FRC and around the state

For more information call: 269-969-3493

December 2016

Sun	Sun Mon Tue Wed Thu Fri Sat						
Jun		Tuc	Wed	1114		Jul	
				1	2	3	
						RSD	
						Holiday Party: Hangar 1530	
4	5	6	7	8	9	10	
RSD Toy Drive: 6919N							
(see flyer)							
11	12	13	14	15	16	17	
11	12	15	14	Holiday Drop & Shop (DFac): 1730-2030	10		
18	19	20	21	22	23	24	
25	26	27	28	29	30	31	
Christmas							
Hanukkah							



Calhoun County Employment Workshops 2016



Description of Workshops on reverse side **Space is limited and reservations are required**

	Mon	Tue	Wed	Thu	Fri
*	Computer Basics By appointment only* One-on-One	*Resume Reviews* Drop off your resume and have it reviewed by a staff member!	Keep in touch with us on social media: Facebook Twitter LinkedIn Pinterest	1	2
5 Mid	chigan Works! Orientation 9:00am - 10:00am	6	7 Job Corps 1:00pm-3:00pm	8 WorkKeys Writing Test 10:00am - 11:30am Effective Resumes 9:00am - 11:00am	9 WorkKeys Testing 8:30am - 12:00pm Earn NCRC
12	Work Expectations 2:00pm - 4:00pm	13	14	15 Interview Tips 9:00am - 11:00am Virtual Workshop Dealing with a Colorful Past 2:00pm - 4:00pm	16
19	9:00am - 11:00am Math Refresher 2:00pm - 4:00pm	20	Job Corps 1:00pm-3:00pm	9:00am - 11:00am Interview Tips 2:00pm - 4:00pm	23 CLOSED HAPPY HOLIDAYS!
26	CLOSED HAPPY HOLIDAYS!	27	28	29 Effective Resumes 9:00am - 11:00am Virtual Workshop Dealing with a Colorful Past 2:00pm - 4:00pm	30 CLOSED A proud partner of the AmericanJobCenter* network

Employment training workshops are offered at the Michigan Works! Service Center. Workshops are open to the public at no charge and focus on skills related to obtaining employment. **Questions or reservations, call or email us @** <u>CareerServices@miworkssw.org</u>

<u>Computer Basics</u> To better meet the needs of our customer, staff will be available by appointment to provide one-on-one basic computer training, including: keyboarding, file and folder creation, internet basics, creating email accounts, attaching files and more. At registration, you will choose what you want to learn during your one hour appointment.

Effective Resumes This workshop will provide the early stages of a resume and cover the major points. If you want to understand the importance of having a "perfect" resume, this one is for you!

<u>Interviewing Tips</u> Learn how to interview and have the confidence to talk positively about yourself and your skills, including some do's and don'ts before, during, and after the interview.

<u>Michigan Works! Orientation</u> If you are interested in finding out about all of the services we offer at the Service Center, please join us for this hour long trip through our bevy of valuable services!

<u>Virtual Workshops</u> Virtual workshops will be taught from a base location and streamed live to the different service centers in our service area. This way, participants from all four of our service counties will be able to attend the same workshop!

<u>Dealing with a Colorful Past</u> Do you have background issues? Come learn about how to overcome those types of barriers while job searching during this two hour workshop.

<u>Work Expectations</u> Ever wonder what employers expect from you while you are at work? Do you wonder what effective leadership looks like? This workshop will explain what is expected of employees while at work and show how those expectations fit in with evolving into an effective leader...remember, anyone can be a leader!

Resume Review This service is for all customers and available in all MI Works! Southwest locations, Branch, Calhoun, Kalamazoo and St. Joseph counties. Simply email or drop off your resume at the front desk and it will be reviewed within 7 to 10 business days and responded to via email!

CareerServices@miworkssw.org

<u>Job Corps Orientation</u> This pre-CPP workshop provides information and application to Job Corps training program opportunities available to low-income individuals between the ages of 16 - 24. Walk-ins are welcome. For information call (269) 488-7473 or visit www.jobcorps.gov **Call ahead to confirm**

<u>The Mature Job Seeker</u> Age discrimination is a convenient excuse when mature job seekers can't find work. While not denying that it doesn't happen, this workshop will discuss methods of minimizing the emphasis on age in the job search. Topics will include evaluating your options, resume writing and more.

WorkKeys Assessments/National Career Readiness Certification (NCRC)

Fee based (cost \$32.50 money-order only). The NCRC demonstrates to employers that you have core workplace skills in Reading, Math and Locating Information. Earn your Michigan National Career Readiness Certificate by successfully completing all three WorkKeys tests. Prepare for WorkKeys with KeyTrain, a free self-directed, online training system. Call (269) 660-1412 x 3 or email us at: CareerServices@miworkssw.org for more information, to schedule testing or request a complimentary Key Train account.

<u>WorkKeys Writing Test</u> Fee based (cost \$16.50, money-order only). The Writing Test is a paper test available to everyone, but is required by some school districts.

Our Website: www.michiganworkssouthwest.org

Social Media Links:

Facebook:https://www.facebook.com/MiWorksSWPinterest:http://www.pinterest.com/MiWorksSWLinkedIn:https://www.linkedin.com/in/miworkssw

Twitter: https://twitter.com/MiWorksSW



Holiday Toy Drive

in partnership with your local

DOLLAR TREE

has provided toys and stocking stuffers for Service Members and their dependents.

When: Sunday December 4, 2016

Where: Building 6919 North

Times:

E1-E6: 1200-1400

All Ranks: 1400-1500

Please bring your own bag/container as we will not have any available.

*These items were donated specifically for local military members rank E1-E6 and their dependents.

HOLIDAY DROP AND SHOP EVENTS

Need to get your Holiday Shopping Done?

We are pleased to announce that the Michigan National Guard Child & Youth Program will be hosting Drop and Shop events in SIX LOCATIONS!!

If you have children ages 6 weeks through 12 years old, you will have the opportunity to drop them off for a fun time while you prepare for the

holidays. There will be crafts, movies, and snacks while you do your holiday shopping at the nearby shopping centers!

Have all your shopping done? Use this time to go on a date with your spouse!

There is no cost for participating but pre-registration is necessary so that we can ensure we have enough supplies and support staff.

Please register by Friday, Dec. 9, 2016 at:

REGISTRATION LINK

Questions? Angie Harkins 517-481-9894

angela.s.harkins2.ctr@mail.mil

Date: Thursday, December 15, 2016

Time: 5:30-8:30 pm LOCATIONS:







Family Programs Office Room 270

FREE

3423 N MLK Jr Lansing, MI 48906

Nearby shopping: Eastwood Towne Center, Lansing Mall, Meridian Mall, Target, and Kohl's

Taylor Armory

12450 Beech Daly Taylor, MI 48180

Nearby shopping: Southland Shopping Center, Kohl's, Target, and Macy's

Grand Valley Armory

1200 44th St. SW Wyoming, MI 49509

Nearby shopping: Rivertown Crossings Mall, Woodland Mall, Kohl's, and Target

Bay City Armory

2510 Wilder Rd Bay City, MI 48706

Nearby
shopping:
Malls: Bay City,
Fashion Square,
& Midland,
Target,
Walmart, Toys
R Us, and
Kohl's

Fort Custer Battle Creek

1201 Denso Rd. Battle Creek, MI 49037 Building 2900, Rm. C133 A&B

Nearby Shopping: Lakeview Square Mall, Minges Brook Mall, Macy's, Meijer, and Kohl's

Marquette Armory (4-7pm)

1820 Lincoln Ave Marquette, MI 49855

Nearby Shopping: Kohl's, Marquette Mall, Target, and Walmart

Come join MWR for the 2016 Annual Children's Holiday Party!

Saturday, December 17 10:00 - 12:00 HDIFC Cafeteria

* Games * Arts and Crafts * Cookie Decorating * Cake Walk * Face Painting and Henna Tattoos * Visit with Santa *

Light refreshments will be served.

MWR is looking for cake donations and volunteers to work the event.
Please call x4544 if you would like to donate or volunteer.



Please use Champion Street entrance to enter for the party.

Please call x4544 for more information.

Sponsored in part by AFGE Local 1626

